WELL 085 (Alcohol Awareness)

The Recreation and Wellness Department is notifying the University faculty that there will be a change in the delivery method for the WELL 085 (alcohol awareness) graduation requirement. This decision comes as a result of an intensive and inclusive year-long study of the wellness graduation requirement and in response to Principle V of the Richmond Promise.

Effective fall 2010, students will fulfill the WELL 085 requirement by completing Alcohol Edu, an on-line alcohol education program used by over 500 colleges and universities nationwide. Alcohol Edu is a 3-hour education and prevention course that will be completed by all first year and transfer students the summer (July) before they arrive on campus. Once on campus, they will complete a 2-hour alcohol seminar, led by faculty and/or staff, which will reinforce the information covered in Alcohol Edu and also address sexual assault, alcohol policies specific to the University and Commonwealth of Virginia, as well as resources available to students.

Also, based on feedback obtained from students and faculty during the year-long process, the Recreation and Wellness staff is working to make the WELL 090 classes smaller in size and more interactive. WELL 090 topics will continue to focus on health and wellness issues that have been identified as complementary to academic success and student well-being.

To learn more please visit the Recreation and Wellness Department website at: http://recreation.richmond.edu/wellness/requirement/index.html.

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